

## Winter is on its way!

Hello supporters! Winter is definitely on its way as the coats are on and I am even considering stop wearing my shorts! We had a lovely summer where we had the privilege to join in with the local village shows, which were all fantastic and it is great to be part of such a busy community.

We recently had our AGM which was a really encouraging evening and would certainly recommend you to attend our next celebration/AGM evening. We engaged with 97 young people regularly, 416.5 hours face to face work, supporting 13 young people into leadership responsibilities, and 8 SSYI trips in the last year. I hope you agree, this is fantastic work. This couldn't have been possible without the support of the local churches, parishes, local businesses, grants, financial givers and amazing volunteers.

#### Zac Britton

Zac has been with us since September and he has done a fantastic job at fitting in with SSYI. We are really pleased with his ability to build relationships and trust with our young people. He is an excellent asset to the team, along with the outstanding Tina Mogg who remains with us.

# Shred It Up

We have started our new project, Shred It Up. This is a weekly project that takes place every Wednesday after school. We collect young people in a mini bus and take them to a different skate park in or around Cambridge. We knew there was interest for this but didn't realise how popular this group would be! We are limited to take only 8 young people due to space on the mini bus for people and equipment but we have easily 16 young people on our list. This project is fantastic as it encourages young people to take positive risk taking. This is important to encourage as this confidence and self esteem pushes young people out of their comfort zone to reach their life ambitions which has an impact on the jobs they go for, starting families, giving their time and money, and general life goals. It is also a great platform to have quality conversations with our young people. We are really excited to see how the project develops but it is entirely dependent on dry weather!

We have already planned a trip to Adrenaline Alley, which is the largest indoor sporting venues in Europe!



## **Coaching Young People**

Romsey Mill has managed to receive funding to provide life coaching to a specific number of our young people, with the majority of them being from our Youth Action Committee. This coaching is 6 one to one sessions that involves addressing specific issues in young people's lives, helping them to recognise what they need to do to overcome their individual challenges. The coach does not offer any advice, but simply helps young people recognise their options and choices to make and help young people seek new opportunities of growth. This has been a great success so far and we are very excited to do the evaluations as it appears to have really helped these young people.

### **New Shiny Website**

Please check out our new website which contains information of all the groups and activities we do, upcoming events, information about SSYI, contact details and much more. Go on, see for yourself! www.ssyi.club

#### **Volunteers**

We are looking to recruit new volunteers to support our ever growing youth work and to also help give our hard-core volunteers a break now an again! If you love and care for young people and wish to see them flourish, please give Ollie a call to find out more. We need volunteers particularly for:

Tuesdays, 5.30pm to 7.30pm Wednesdays, 3.30pm to 6pm Fridays 7pm to 9.30pm

#### www.ssyi.club

